



Your Easy Start to Workplace Health and Safety:

The ISO 45001 Planner





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Quick start guide

What is ISO 45001?

ISO 45001 is an international standard designed to help organizations create healthier and safer working environments by managing occupational health and safety risks. It provides a clear framework for businesses to identify potential hazards, assess risks, and implement controls to prevent accidents, injuries, and illnesses in the workplace.

Whether you operate in construction, manufacturing, or even a small office, ISO 45001 is flexible and can be applied to any organization, regardless of size or industry.

ISO 45001 leads to a safer work environment by reducing workplace accidents and ill-health and improving overall safety culture, this helps to boost employee morale by showing that their well-being is prioritized, which leads to increased productivity and engagement.

From a business perspective, certification can also lower insurance premiums and enhance a company's reputation, providing a competitive edge in the market. It also supports legal compliance with health and safety regulations, helping businesses avoid costly fines or legal issues.

↓
20%

Recent research by Harvard Business School also found that certified organizations reduced incidents rate by at least 20%. (Toffel, 2022).



Easy steps to get started

Breaking down the steps to implement ISO 45001:

1 Get commitment and support from senior management.

Getting commitment from senior management will ensure that the necessary resources and support are available for the implementation of ISO 45001. You can use our [human factor report](#) to prepare for this step.

2 Engage the whole business with good internal communication.

This will help ensure that everyone in the organization understands the benefits of ISO 45001 and their role in its implementation.

3 Assess current safety practices (gap analysis) and attend any necessary training courses.

Comparing your existing systems with ISO 45001 requirements will allow you to identify gaps that need to be filled to conform with the Standard, and as a result, identify the [right training course](#) to equip you with extra knowledge needed to succeed.

4 Establish an implementation team and map out roles, responsibilities, and timescales.

This team should be responsible for developing an implementation plan and overseeing the plan's effectiveness at each stage. Mapping out roles, responsibilities and timescales ensures that everyone knows what they need to do and when they need to do it.

5 Develop a plan for implementing ISO 45001 including:

- The scope of the implementation (which parts of the business will be covered)
- The timeline for implementation
- The resources required for implementation
- The risks and challenges associated with implementation
- The benefits of implementing ISO 45001

6 Communicate the plan to all stakeholders.

This includes employees, customers, suppliers, and investors.

ISO 45001

Downloadable Tools

Two valuable documents designed to complement each other, helping you prepare and confidently navigate your ISO 45001 journey.

Implementation Checklist

Navigate the entire ISO 45001 process with ease using our step-by-step Implementation Checklist. From setting goals and training your team to preparing for your audit, this checklist guides you through every stage of the certification process.

Action	Timescale (Set yourself a realistic timeframe to complete action)	Responsibility (Assign this action to a relevant team member)	Action Complete
Leadership & Commitment			
Ensure top management is fully committed to health and safety.			☐
Make sure everyone understands their role in maintaining a safe workplace.			☐

Self-assessment chart

When you're ready to schedule your audit, this handy document provides a detailed breakdown of key requirements, clause by clause, helping you assess your preparedness.

Clause 4 – Context of the Organization				
Clause	Explanation	Ready	Nearly Ready	Requires More Work
Determine external and internal issues	Identify and understand the factors that can affect your organization's ability to achieve the intended outcomes of its OH&S management system. These factors can be both external and internal.	All relevant external and internal issues have been identified, documented, and are regularly reviewed.	Most issues have been identified, but some documentation or regular review processes are missing.	Significant issues have not been identified or documented, and there is no regular review process in place.

Real-life success stories

Case studies:

By prioritising and protecting the well-being of their people, Samsung delivered even more than anticipated thanks to their coordinated strategy.

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Our employees recognize senior management is prioritizing safety and environment and is making ample investments.”

Deokyeong Lee, Samsung SDI

The benefits: How worker wellbeing powered other key business areas.



A stronger health and safety culture at work.



A more productive and efficient workforce.



Improved integration of management systems.



Enhanced reputation for safety nationally and globally.



A further commitment to continuous improvement.

What do our clients have to say?

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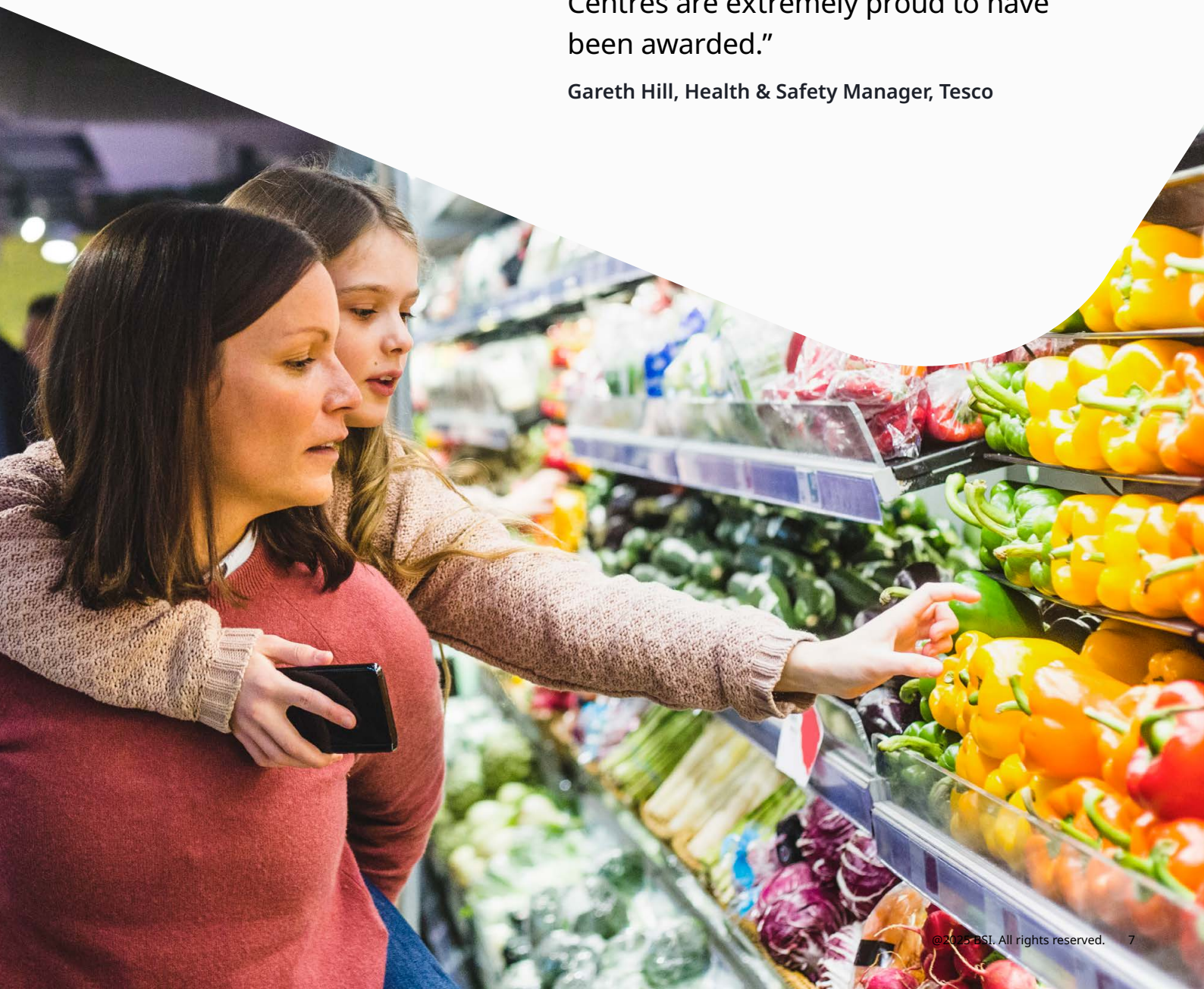
BSI's experts have broad expertise, they're committed, supportive, and they really care – and believe me they're thorough! Certification by BSI has real meaning, both internally and externally."

Executive Director, Wellbeing
Sustainability & Assurance EMCOR UK

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At Tesco we have held an ISO accreditation for our Distribution Safety Management System for over 10 years, last year we embarked on the journey to extend this to our Customer Fulfilment Centres. We wanted to do this as we had seen what having an ISO standard had done for the colleague recognition and safety behaviours in our Distribution Centres. Achieving the ISO 45001 standard in our Customer Fulfilment Centres was a team effort that everyone that works in the Centres are extremely proud to have been awarded."

Gareth Hill, Health & Safety Manager, Tesco



ISO 45001 Resources

Discover ISO 45001 in just 3 minutes with this short introductory video. Learn what the standard is all about and how it can transform occupational health and safety in your organization, improving well-being and boosting performance.

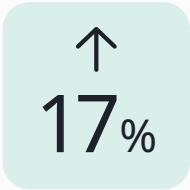


ISO 45001 FAQ's and myth busting

Explore the most frequently asked questions about ISO 45001 and uncover the truth behind common myths surrounding the standard.

ISO 45001 Training

Unlock the benefits of ISO 45001 with our most popular training courses, designed to enhance your knowledge and empower your organization to improve health and safety standards.



↑
17%

Companies are 17% more productive when employees get the training they need.

Source: Gallup, 2024.

Gain a clear understanding of the fundamentals of ISO 45001, including its core requirements and benefits. This course is ideal for anyone looking to familiarize themselves with the standard and its role in improving workplace health and safety.

Develop the knowledge and skills to perform effective internal audits for ISO 45001. This course is perfect for those responsible for monitoring and improving their organization's occupational health and safety performance.

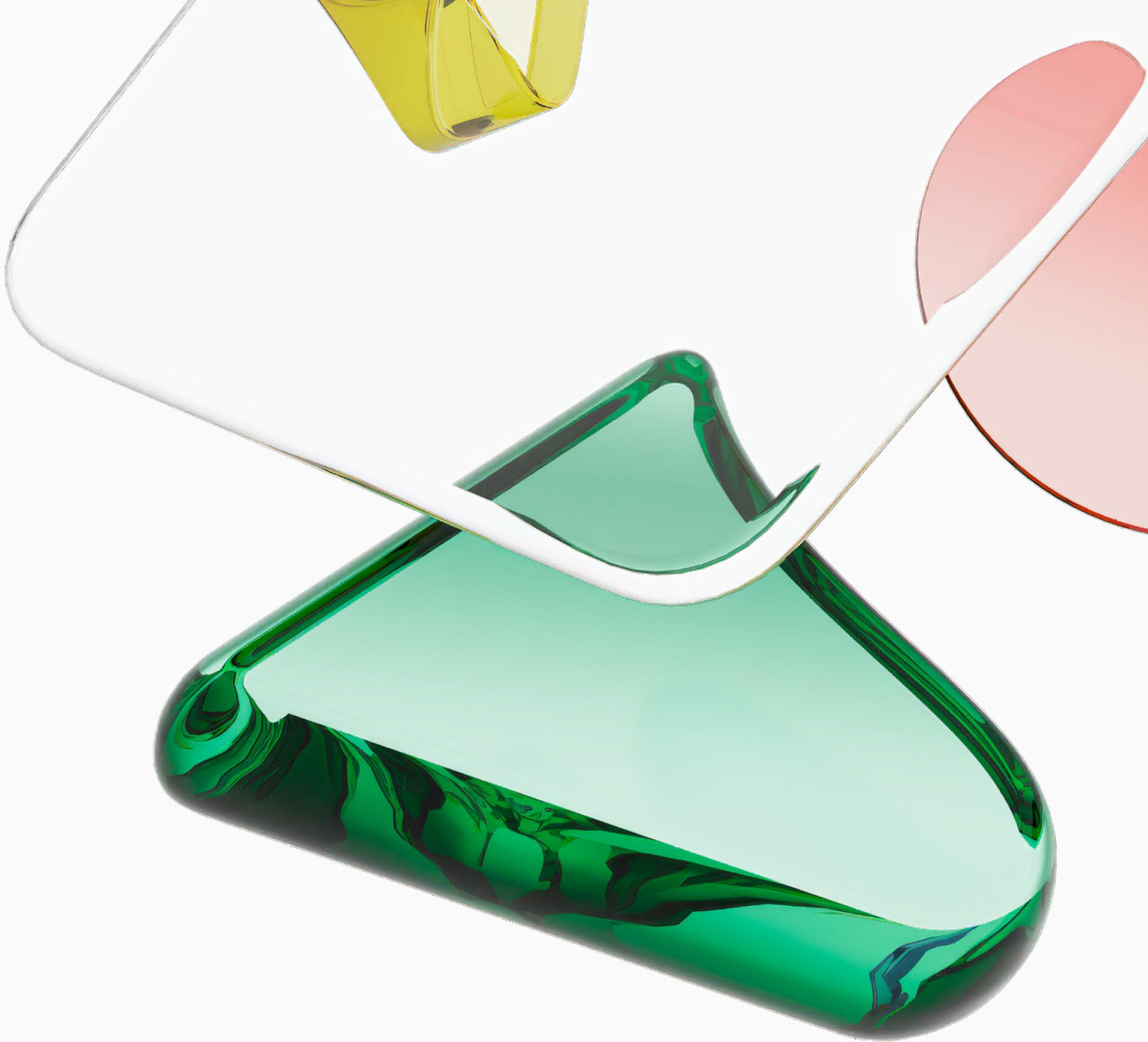
Learn how to effectively implement ISO 45001 in your organization. This practical course provides step-by-step guidance to help you develop, integrate, and maintain a robust occupational health and safety management system.

Designed for those seeking to conduct third-party audits, this advanced course covers the entire audit lifecycle. Gain internationally recognized certification as a competent lead auditor for ISO 45001.

Master the skills needed to lead an ISO 45001 audit with confidence. This intensive course equips you with the expertise to plan, conduct, and report on audits, ensuring compliance and continual improvement.

Whether you're looking to learn more about a new standard, or you're new to the world of standards altogether, our free introductory courses will help you gain the essentials.

As the creator of the world's leading standards, we offer ISO 45001 qualifications designed to help you develop auditing skills to the highest level.



We can help you with your training needs, gap assessment and of course celebrating your implementation of ISO 45001 with mark of trust certification.

If you're ready to start your journey towards ISO 45001 certification today – we'd love to hear from you.

