



BSI Training Academy

ISO 45001:2018 Requirements and Internal Auditing training course

Essential information about the course

Level 

ISO 45001 is the world's first ISO management system standard for Occupational Health and Safety (OH&S). Its focus on risk prevention, innovation and continual improvement will benefit organizations with the foresight to achieve this global standard through increased organizational resilience. Suitable for organizations large or small and in any industry, it is intended to replace the widely implemented BS OHSAS 18001.

If you are new to ISO 45001 and internal auditing for this management system, then this course is for you. It's an excellent introduction to the standard and will help you to manage risks and opportunities, take steps to put health and safety at the heart of your organization and drive continual improvement. The course will enable you to initiate an internal audit, prepare and perform audit activities and give you the

vital skills to compile and distribute audit reports and complete follow-up activities. You will also learn about the guidelines of management system auditing according to ISO 19011 and the application of these guidelines to auditing ISO 45001.

Combining our ISO 45001 requirements and internal auditing courses, over three days, this course provides an in depth understanding of the standard and best practice internal auditing methods. Packed with practical activities, group discussion and classroom learning, our expert tutors will make sure you complete the course feeling confident that you can apply your new knowledge and perform an effective audit to help your organization to continually improve.



Upon successful completion of your course, you'll receive an internationally recognized BSI certificate.

Please note: this course includes the content of our ISO 45001 Requirements and our ISO 45001 Internal Auditing training course, and so delegates do not need to attend these programmes

Online exam
available

Validate your learning for free with an optional end of course assessment. You can then receive a training certificate of achievement.

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Our course agenda

Day 1

- Welcome and introductions
- Course aims, objectives and structure
- What is an Occupational Health and Safety Management System (OH&S MS)
- Why an OH&S MS is important to an organization and its benefits
- The background of ISO 45001 and its intended outcome
- Terms and definitions used
- Key concepts and structure of ISO 45001
- Clause 4: Context of the organization
- Clause 5: Leadership
- Clause 6: Planning for the MS
- Clause 7: Support
- Clause 8: Operation
- Clause 9: Performance evaluation
- Clause 10: Improvement
- Reflection and feedback

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Day 2

- ISO 45001 components overview
- Requirements for internal audits
- Guidelines for auditing management systems ISO 19011
- Auditing terms and definitions
- Intended outcome: ISO 45001
- What is a management system audit
- Plan, execute, report and close-out
- Audit process, evidence and criteria
- Principles of auditing and typical audit activities
- Audit programme
- Audit objective, scope and criteria
- Auditor responsibilities
- Initiating the audit
- Document review
- Sampling and audit plan
- Work documents, checklist preparation
- Opening meeting
- Communications and personal behaviour
- Verifying information and recording the facts
- Internal audit video

Day 3

- Review of day 2
- Audit findings
- Generating audit findings – simulated audit
- Documenting nonconformities
- Preparing audit conclusions
- Closing meeting
- Conduct a closing meeting
- Audit report (typical contents)
- Conducting audit follow-up
- Course quiz, review and final questions

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We want to make sure you have the best learning experience possible. That's why we offer a range of training courses from beginner to expert. We create a positive learning environment so you retain the knowledge and acquire skills that will continue to be of use beyond the course.

Make sure this is the right course for you.

This course is for you if:

- You are new to ISO 45001 Occupational Health and Safety Management or your knowledge needs a refresh
- You're part of a team involved in carrying out an internal audit within your organization
- Your knowledge of the internal audit process for ISO 45001 needs a refresh

What's the course like?

- Three days
- Led by a BSI expert tutor
- Relaxed and comfortable learning environment
- You'll receive comprehensive course materials to take away

How will I benefit?

- Gain the confidence to understand the OH&S MS to prepare, conduct and follow-up on ISO 45001 audit activities
- Be able to write factual audit reports and suggest corrective actions
- Understand the guidelines of management system auditing according to ISO 19011
- Develop professionally
- Network with likeminded peers

Why invest in training from BSI?

Our tutors are the best in the business. They're truly passionate about sharing their knowledge and ensuring you learn. Trusted experts with years of hands-on and business experience, they bring the subject matter to life with relevant and contemporary examples to enhance your learning.

Training delivered at your site



This could be a convenient and cost-effective option, especially if you have multiple delegates.

Talk to one of our experts to find out more

Next steps with the BSI Academy



Want to learn more? You may be interested in our ISO 45001 Lead Auditor course or our Lean Six Sigma Training courses.

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